

What is claimed is:

1. A method of body manipulation in furtherance of treating  
5 lymphedema comprising the steps of:

a. providing a wrap adapted to fit about a body  
extremity, said wrap having a trunk region and limb  
regions, and a plurality of compartments distributed  
throughout said regions, each of the compartments of said  
10 plurality of compartments being capable of selective  
pressurization and depressurization;

b. applying said wrap to said body extremity;

c. preparing the body extremity for receipt of lymph  
fluid via a first pressurization and depressurization  
15 sequence of select compartments within select regions of  
said regions of said wrap; and,

d. draining lymph fluid from the body extremity via a  
second pressurization and depressurization sequence of  
select compartments within select regions of said regions  
20 of said wrap, whereby the lymphatic system is stimulated  
so as to promote reabsorption of pooled lymph fluid  
within surrounding tissue.

2. The method of claim 1 wherein said first pressurization and

depressurization sequence begins with said trunk region and proceeds to a distal limb region of said limb regions.

3. The method of claim 2 wherein said second pressurization  
5 and depressurization sequence begins with said distal limb region and proceeds to said trunk region.

4. The method of claim 3 wherein said first pressurization and depressurization sequence includes a consecutive pressurization and  
10 depressurization of each compartment of the compartments distributed throughout said selected region of the regions of said wrap beginning with a distal chamber and proceeding to a proximal chamber thereof.

15 5. The method of claim 4 wherein said second pressurization and depressurization sequence includes a consecutive pressurization and depressurization of each compartment of the compartments distributed throughout said selected region of the regions of said wrap beginning with a distal chamber and proceeding to a proximal  
20 chamber thereof.

6. The method of claim 5 wherein said limb regions are selected from the group consisting of foot, calf and thigh.

7. The method of claim 5 wherein said limb regions are selected from the group consisting of biceps, forearm and hand.